

GOVERNMENT COLLEGE PANARSA

MENTAL HEALTH CLUB

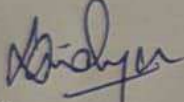
NOTICE

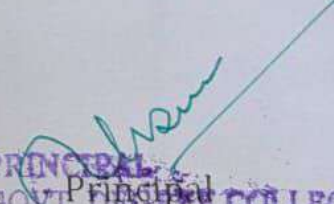
Date: 3 July 2026

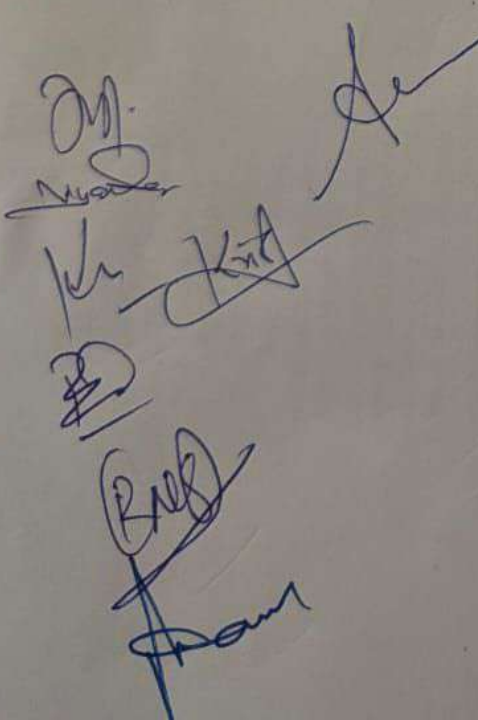
The Mental Health Club, Government College Panarsa, is organizing an activity-based Faculty Sensitisation Session on "Life Skills" on Saturday, 4 July 2026, at 11:00 a.m. in the Conference Hall.

The session will be conducted by Dr. Satyavrat Vaidya, Nodal Head, ATF, Bhuntar, who will engage the faculty in interactive activities and discussions focusing on life skills, mental well-being, resilience, and effective coping strategies.

All faculty members are requested to attend the session positively and be seated in the Conference Hall by 10:50 a.m. Your active participation will contribute to making the programme meaningful and impactful.


Convener


PRINCIPAL
GOVT. DEGREE COLLEGE
PANARSA (MANDI)



O/C