

GOVERNMENT DEGREE COLLEGE, Panarsa

Constitution of Mental Health & Counselling Cell

In pursuance of the directions issued by the Directorate of Higher Education, Himachal Pradesh, and in compliance with the guidelines of the Hon'ble Supreme Court regarding the promotion of students' mental well-being and suicide prevention, the Mental Health & Counselling Cell of Government Degree College, Bhanasar is hereby constituted with immediate effect.

The Cell shall comprise the following members:

1. Dr. Leena Vaidya – Convener
2. Dr. Manish Sood – Member
3. Prof. Vijay Kumar – Member
4. Mrs. Bindu – Member

Terms of Reference

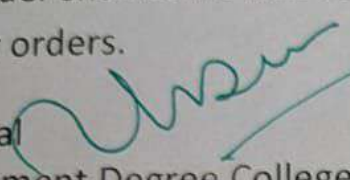
The Mental Health & Counselling Cell shall:

1. Promote mental health awareness and emotional well-being among students.
2. Provide a safe, confidential, and supportive environment for students seeking guidance and counselling.
3. Identify students experiencing stress, anxiety, depression, or other emotional concerns and facilitate appropriate support.
4. Organize counselling sessions, workshops, seminars, awareness programmes, and outreach activities on mental health, stress management, life skills, and suicide prevention.
5. Coordinate with qualified counsellors, psychologists, medical professionals, and other agencies whenever required.
6. Maintain confidentiality of counselling records and ensure ethical handling of student concerns.
7. Refer students requiring specialized intervention to appropriate mental health professionals or healthcare institutions, wherever necessary.
8. Maintain records of counselling and awareness activities conducted by the Cell.

9. Submit periodic reports to the Principal regarding activities undertaken and recommendations for strengthening student support services.

10. Ensure compliance with the directions issued by the Directorate of Higher Education, Himachal Pradesh, and other competent authorities from time to time.

This order shall come into force with immediate effect and shall remain in force until further orders.


Principal
Government Degree College, Panarsa

Copy to:

1. All concerned members for information and necessary action.
2. Office File.
3. College Notice Board.
4. College Website.

